

Earning your premium reduction through First Stop Health Primary Care

*Complete one of the following visits to complete the First Stop Health portion of your
premium reduction requirements*

Get Scheduled!



Claim your account.

It takes just a few minutes to claim your account via our mobile app or at firststophealth.com.



Complete a virtual annual wellness visit with First Stop Health



Schedule a visit.

Select 'primary care', choose your doctor and get scheduled as soon as tomorrow.



Have a primary care visit to talk about chronic conditions with a First Stop Health doctor



See your new doctor.

Have an annual checkup or get ongoing care.



See a First Stop Health primary care doctor for general health support (e.g. feeling tired, weight loss, and more)



Scan to get scheduled!

First Stop Health is provided to employees enrolled in the UMR medical plan and their covered dependents by Renovo Home Partners. You can also visit firststophealth.com to schedule your primary care visit.