

# Your partner in health and wellbeing.

Get convenient care for your body and mind – all via phone or video. Renovo Home Partners provides First Stop Health to employees enrolled in the UMR medical plan\* and their covered dependents for \$0.

\*With the exception of UMR HMO members.



## Doctor visits when you need care.

24/7 urgent care or scheduled visits with board-certified providers. Get diagnosis and treatment, prescriptions, referrals, and more.\*



## Health coaching to meet your goals.

Ready to feel your best? Talk to a health coach, diabetes educator or dietician to:

- Manage weight
- Get better sleep
- Improve heart health
- Manage diabetes
- Quit tobacco
- And more



## Support for your mental health.

Your mental health matters! Talk to a therapist, mental health coach or primary care doctor.

**Activate  
your account  
today!**

